

TERMS OF REFERENCE

Mental Health and Psychosocial Well-being Consultant

CONTRACT MODALITY Individual Consultancy

DUTY STATION Cairo, Egypt & Home based

DURATION OF CONTRACT 2 years

Purpose of Assignment

The consultancy will be carried out under the overall guidance of the Section Chief of Child Survival and Development, and directly managed by the Health Specialist. The consultant will support the implementation of the UNICEF Egypt MHPSS strategic plan, including the implementation of the Helping Adolescent Thrive initiative.

The consultant will support the provision of technical support on the MHPSS agenda and facilitate coordination and engagement with focal points across Education, Child Protection, ADAP, SBC and other relevant sections, as well as with key partners and subject matter experts. This will help ensure that quality MHPSS programmes for children, adolescents and caregivers are effectively implemented and scaled up through systems strengthening efforts.

The objective of the consultancy is to support the Evolution and Scale-Up of HAT methodology. The overall objective will be achieved through the following sub-objectives:

- Identifying the mental health issues that are a high priority and need to be addressed and provide detailed guidance to support implementation, with a focus on describing sectoral roles and recommendations to strengthen a multi-sectoral mental health system;
- Identifying and updating the required legislative, strategy, policy, capacity building steps and changes to ensure a multi-sectoral mental health system;
- Engaging actors in the health, social welfare and child protection and education sectors at all levels of society to design, implement and evaluate mental health and psychosocial support strategies that shall be context-relevant, comprehensive and sustainable.

Scope of Work

The consultant will work under the Health Specialist in advancing the MHPSS agenda across the following three interrelated work areas:

Strategic planning, technical guidance and systems strengthening

i) National multisectoral MHPSS Strategy and Action Plan 2026–2028: Provide technical support to MOHP/GSMHAT and relevant partners for the development, consultation and endorsement of a national multisectoral strategy and costed Action Plan on MHPSS for children, adolescents and their caregivers. The strategy and Action Plan should be informed by relevant national evidence and international MHPSS standards and good practices.

ii) Technical oversight of the implementation of HAT activities across relevant UNICEF sections and with external stakeholders, ensuring alignment with the agreed Action Plan/ strategy

iii) Technical support for integrated MHPSS service delivery: Support the integration and delivery of MHPSS services through primary health care and other relevant sectors, including education, youth and sports, and child protection. Participate in regular technical meetings with government entities, academia, NGOs and other partners

Stakeholder engagement, coordination and collaboration

iv) Provide technical support for advocacy, outreach and communication activities aimed at strengthening awareness and knowledge of mental health and psychosocial well-being among children, adolescents, caregivers and communities.

v) Participate in monthly coordination meetings with government and implementing partners and prepare regular progress reports documenting implementation progress, agreed actions and emerging challenges.

Monitoring, reporting, documentation and institutional learning:

vi) Provide technical support to GSMHAT/MOHP to strengthen information systems and facilitate data collection and research to monitor the implementation and outcomes of national multisectoral MHPSS actions and HAT.

vii) Conduct monitoring visits to selected facilities where training packages and MHPSS services are being implemented and prepare visit reports identifying progress, implementation challenges and recommended follow-up actions.

viii) Document the implementation process and prepare success stories illustrating different components and results of the programme.

ix) Final consultancy report: Submit a comprehensive final report consolidating the activities undertaken, deliverables completed, progress achieved, challenges encountered, lessons learned and recommendations for follow-up.

Work Assignments Overview	Deliverables/Outputs	Delivery deadline to complete the deliverable
1. Support the development and endorsement of a national multisectoral strategy and plan on MHPSS for children, adolescents and their caregivers, based on Egypt BEING case study, and the best practices and standards in the field of MHPSS.	MHPSS Action Plan 2026 – 2028	March 31 2027
2. Coordinate the implementation of UNICEF planned activities among different UNICEF sections and external stakeholders to ensure the effective and efficient implementation of the action plan	Implementation of the Action plan	Sept 30 2027
3. - Support the service delivery and integration of MHPSS into the primary health care system and other relevant sectors, such as education, youth and sports, and child protection, - Participate in regular meetings with partners, including academia, NGOs, and governments entities, to follow up implementation and trouble shoot challenges	Regular Technical Reports	Sept 29, 2028

4. Support the advocacy, outreach and communication campaigns and activities to increase the awareness and knowledge of mental health and psychosocial wellbeing among children, adolescents, caregivers, and communities	Advocacy, outreach and communication campaigns	Dec 29, 2028
5. Support the active engagement and participation of children, adolescents, and caregivers in the implementation of MHPSS and HAT, and the promotion of their experiences, rights and voices in the MHPSS agenda.	HAT implementation	Sept 29, 2028
6. -Support the strengthening of the information systems, evidence and research and facilitate the data collection and research efforts with GSMHAT/MOHP to track the impacts of national multisectoral actions and HAT implementation. -Support the generation and dissemination of knowledge on evidence-based practices, innovative solutions for tailored interventions with children, caregivers and families, and scalable approaches for promotion, prevention and care for mental health and psychosocial well-being and development of children and adolescents.	Research Implementation and Finalization report	Sept 29, 2028
7. Monitoring and evaluation and reporting framework for the HAT Action Plan based on the results framework, the indicators, and the data sources with the evidence on the progress, achievements, challenges, and gaps of the implementation. Supervise and follow up the roll-out of training packages according to plan	HAT Monthly reporting and update	Sept 29, 2028
8. Visit selected facilities where training was implemented to review and troubleshoot implementation of packages and services	Trip reports	Sept 29, 2028
9. Document implementation and different success stories covering different elements of the program	Success stories	Dec 29, 2028
10. Participate in monthly meeting with partners, to manage programme implementation	Progress Report	Dec 29, 2028
11. Final report on all interventions	Final report	Dec 29, 2028

Payment Schedule:

Payment will be made on submission and acceptance of deliverables. UNICEF reserves the right to withhold payment in case the deliverables submitted are not up to the required standard or in case of delays in submitting

the deliverables on the part of the consultant.

Important Notes

- Individuals engaged under a consultancy or individual contract will not be considered “staff members” under the Staff Regulations and Rules of the United Nations and UNICEF’s policies and procedures and will not be entitled to benefits provided therein (such as leave entitlements and medical insurance coverage). Their conditions of service will be governed by their contract and the General Conditions of Contracts for the Services of Consultants and Individual Contractors. Consultants and individual contractors are responsible for determining their tax liabilities and for the payment of any taxes and/or duties, in accordance with local or other applicable laws.
- Contracts are conditional upon the selected candidate's willingness to comply with any current or future vaccination requirements that may be established by UNICEF, where applicable. Failure to comply with applicable vaccination requirements, where required and without an approved medical exemption by UNICEF, may result in the withdrawal of the consultancy offer or termination of the contract in accordance with the General Terms and Conditions of Contract.
- UNICEF offers reasonable accommodation for consultants with disabilities. This may include, for example, accessible software, travel assistance for missions or personal attendants. We encourage you to disclose your disability during your application in case you need reasonable accommodation during the selection process and afterwards in your assignment.

QUALIFICATIONS / SPECIALIZED KNOWLEDGE / EXPERIENCE/ COMPETENCIES (CORE/TECHNICAL/FUNCTIONAL) / LANGUAGE SKILLS REQUIRED FOR THE ASSIGNMENT

Minimum requirements:

- **Education:**
 - Medical background is a must. Holders of additional postgraduate degree in Mental Health will be favored.
- **Work Experience:**
 - At least 8 years of considerable experience in working in Mental Health and psychosocial support programming.
 - Experience working with primary health care, and mental health promotion and prevention beyond the health sector, and public health.
 - Experience working with international organizations or donor supported programs is highly desirable. Direct experience working on MHPSS with a UN agency an asset.
- **Language Requirements:**
 - Fluency in both written and spoken Arabic and English is a must
- **Knowledge/Expertise/Skills**
 - Good presentation, communication, and writing skills.
 - Excellent command of working with Microsoft applications and other computer programs analytical skills are an asset.
- **Desirables:**

- Range and depth of relevant experience: Experience in mental health, health research health program implementation with focus on primary healthcare, data analysis, and monitoring and evaluation systems is an asset.
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