

Job Description

Please complete all accessible boxes and refer to the guidance on writing Job Descriptions

Position Details	
Faculty/Directorate	Health and Education
School/Department	Health Professions
Team	Physiotherapy
Job Title	Sports Physiotherapist
Grade	G6
Hours of Work	29.6 hours per week (0.8FTE)
Contract Duration (Perm/Fixed Term)	2 year fixed term
Reports To (Job Title)	Clinical Leads/Directors of the Manchester Movement Unit
Responsible For (Job Title)	Some support and supervision of students on clinical placement in the Manchester Movement Unit

Principal Accountabilities
Provide high-quality physiotherapy services within the Manchester Movement Unit to private clients, as well as clients of Manchester Metropolitan University Sport (MMU Sport), the Talented Athlete Scholarship Scheme (TASS), and the Professional Game Referees (Pro Ref). Support the education and development of students on clinical placement in collaboration with the Senior Sports Physiotherapist

Key Tasks
To provide high quality physiotherapy for the clients of the Manchester Movement Unit, Manchester Metropolitan University Sport (MMU Sport), the Talented Athlete Scholarship Scheme (TASS) and the Premier Game Referees (Pro Ref). Specifically plan, deliver, and oversee the provision of soft tissue therapy and physiotherapy services for Pro Ref, reporting directly to the Manchester Movement Unit Clinical Directors.

To contribute to the delivery of physiotherapy services to MMU Sport Scholarship and TASS students under the direction and co-ordination of the senior Sports Physiotherapist.

Lead on the coordination and delivery of emergency aid cover (within the scope of professional competencies) at designated MMU sport events (including sports fixtures), ensuring all relevant emergency aid equipment is stocked, maintained, compliant, and safe for use.

To consult with patients to gather information about health and injury.

To contribute to the development and assist with pre-participation screening and clinical assessments of MMU Sport's Scholarship students under the direction of the senior Sports Physiotherapist.

Collect and analyse data to identify predisposing factors and causes of injury.

Contribute to strategies for prevention and reduction of injury.

Provide clinical case reports, identifying trends in injury occurrence, disease management, treatment, rehabilitation & prevention strategies.

To provide Physiotherapy input to optimise patient wellbeing and recovery from injury/disease.

Devise and manage rehabilitation/treatment plans.

Develop a strong evidence-based approach to injury prevention, chronic disease management and rehabilitation of patients.

Produce up-to-date comprehensive, accurate, confidential Physiotherapy notes which comply with the Health and Care Profession Council standards of documentation.

Evaluate the effectiveness of rehabilitation/treatment programmes.

To plan and prioritise own workload as an autonomous practitioner, with centred approach towards patient care and need.

Work as part of a multi-disciplinary team within The Manchester Movement Unit, MMU Sport, TASS and Pro Ref to provide a holistic approach to the treatment and prevention of injury.

To communicate with patients and staff in a professional manner to maximise the effectiveness of treatment modalities.

To contribute to team objectives based on established key performance indicators and to work effectively as part of an inter-disciplinary team.

To work in collaboration with the other staff members from the Manchester Movement Unit, ensuring support for our staff, students and patients is complimentary and co-ordinated.

To assist in developing Manchester Metropolitan University Physiotherapy students and provide placement support/supervision.

To maintain a safe working environment and comply with Health and Safety requirements and associated procedures, including accident reporting.

To give a full explanation of the patient's condition and proposed treatment to the patient and discuss the expected outcome with them. To ensure the patient understands this and agrees to the treatment plan giving consent to it.

To select and be able to perform appropriate treatment techniques from a wide range of specialist skills. This could include electrotherapy, manual techniques, patient education, exercise groups when appropriate, use of appliances etc. The selection of techniques will be based on both theoretical and practical knowledge and evaluated past experience.

To produce clear written information and exercise programmes for patients to follow at home or when not with a Physiotherapist.

To use developed clinical reasoning skills to review and evaluate patient progress and their current condition at each treatment session and to amend the treatment programme as appropriate to achieve agreed goals.

To plan and undertake discharge of patients from Physiotherapy when agreed goals have been reached or treatment is no longer appropriate (e.g. the patient has reached a plateau or there is a change in their medical circumstances). To be able to negotiate this with patients who wish to continue treatment on an ongoing basis.

To fully understand systems and procedures in place in the area of work to be able to implement them to contribute to the continuity and smooth running of the service. This may be in the absence of a more senior member of staff.

To effectively manage and prioritise own workload within the time available including the prioritising of patients to be treated along with other commitments in the day (e.g. meetings). To be able to delegate or arrange cover when required. To assist other staff to prioritise their workload and adjust plans to accommodate changes in demand.

To take responsibility for own continuous professional development through self-directed learning and reflective practice in line with Clinical Governance and Health and Care Professions Council standards.

Placements

Assist with providing support, supervision, guidance and advice to students on placement.

Observe student performance during placements and assess whether they are meeting course learning objectives and the standards required by the University or professional, statutory or regulatory bodies, supported by the Senior Sports Physiotherapist.

Monitor demands placed upon students during placements, providing support for student welfare issues, referring problems on where they are complex or serious.

Research & Knowledge Exchange

Participate in academic networks, share best practice, establish opportunities for collaborative work and enhance the reputation of the University.

Engage in scholarly activity and continuous research to remain up-to-date with developments in subject area.

To undertake any other duties commensurate with this role as required.

Special Features

To work evenings and weekends are required by the role to ensure full service cover to the Manchester Movement Unit.

This post requires Enhanced Criminal Records Checks and may include checks against the Barred Lists, as such it is exempt from Rehabilitation of Offenders Act (1974). Therefore, all convictions including spent convictions that have not been subject to filtering by the DBS should be declared.

Miscellaneous

You have a legal duty, so far as is reasonably practicable, to ensure that you do not endanger yourself or anyone else by your acts or omissions. In addition, you must cooperate with the University on health and safety matters and must not interfere or misuse anything provided for health, safety and welfare purposes.

You are responsible for applying the University's Equality, Diversity and Inclusion Policy.

You have a responsibility to promote high levels of customer care within your own areas of work.

You are expected to co-operate with the PDR process, engaging in the setting of objectives in order to assist in the monitoring of performance and the development of the individual.

Such other relevant duties commensurate with the grade of the post as may be assigned by the Manager in agreement with you. Such agreement should not be unreasonably withheld.

You may be required to undertake a specific Health & Safety role, commensurate with your grade, to support the University in meeting its statutory Health & Safety obligations. This could include acting as a DSE Assessor, First Aider, Fire Marshall or Departmental Safety Co-ordinator. The allocation of such roles will be subject to the provision of appropriate training and assessment of competence.

You may, with reasonable notice, be required to work at any of the Manchester Metropolitan University sites, and at external sites to cover MMU Sports events (including sporting fixtures).

You have the responsibility to engage with the University's commitment to Environmental Sustainability in order to reduce its waste, energy consumption and carbon footprint.

You have the responsibility to engage with the University's commitment to delivering value for money services that optimise the use of resources and therefore should consider this when undertaking all duties and aspects of your role.

Review

This is a description of the job at the time of issue. It is the University's practice periodically to review and update job descriptions to ensure that they accurately reflect the current nature of the job and requirements of the University and to incorporate reasonable changes where required, in consultation with the jobholder.

Person Specification

In order to be shortlisted you must demonstrate that you meet all the essential criteria and as many of the desirable criteria as possible. Where we have a large number of applications that meet all of the essential criteria, we will then use the desirable criteria to produce the shortlist.



All disabled candidates who meet the minimum essential criteria will be included on the shortlist.

Selection Criteria

Attributes		Item	Relevant Criteria	Essential/ Desirable
1	Skills & Abilities	1.1	Excellent & professional communication skills	E
		1.2	To be proficient in IT skills and experience of using Microsoft Office.	E
		1.3	A dynamic, hardworking and enthusiastic individual	E
		1.4	Demonstrates enthusiasm and is personally committed to professional development and achieving agreed objectives	E
		1.5	Meticulous attention to detail	E
2	General & Specialist Knowledge	2.1	Substantial postgraduate experience of a range of physiotherapy conditions, treatment and rehabilitation strategies. This must specifically include experience of musculoskeletal and sports physiotherapy practice. Strong knowledge of all core areas of Physiotherapy with a particular interest in musculoskeletal physiotherapy	E
		2.2	Evidence of ongoing, relevant continuing professional development	E
3	Education & Training	3.1	HCPC registered as Physiotherapist	E
		3.2	Degree in Physiotherapy	E
		3.3	Member of the Chartered Society of Physiotherapy	E
		3.4	Sports Massage Qualification Level 4 and above	D

		3.5	Level 4 Trauma Management qualification (for example Football Association Intermediate Trauma Medical Management in Football, or equivalent)	D
4	Relevant Experience	4.1	Physiotherapy experience working with a wide range of different conditions	E
		4.2	Experience of working across the lifespan with a variety of client groups	E
		4.3	Experience of working across different sectors and settings e.g., NHS, Private, Independent, Voluntary, Charity sectors	E
		4.4	Experience of working in a sporting interdisciplinary team	D
5	Special Requirements	5.1	A flexible approach to working hours is essential as working evenings is a requirement of this role	E
		5.2	The postholder must be able to work flexibly, as the pattern of working hours and annual leave taken may vary according to duties and the needs of the service.	E
Date of Revision			September 2026	