St Catharine's College
Cambridge

First Boat Coach
Job Description

Department:	Boathouse
Responsible to:	Operations Director, with day-to-day liaison with Captains and Operations Project Manager
Location:	St Catharine's College Boathouse, Cambridge
Hours of work:	Average of 14hrs per week between 11th January and 19th June. **Term time** (Lent Term: 11th Jan – 19th March and Easter Term: 19th April – 18th June) likely to be: - Morning training within the timeframe of 06:30-09:00. - Evening training within the timeframe of 16:30-20:30, only during Easter Term (May Bumps prep). - Weekends within the timeframe of 11:00-17:00 . The role holder is not expected to work for the whole timeframe and is expected to work on 5 days of the week, including one weekend day. **Out of Term (20th March – 18th April)** - Limited number of outings- please work with Second Boat Coach to share outings. The role holder will likely work more than 14hrs during term time, but significantly less during out of term time to average out 14hrs per week. Holidays must be taken out of term time.
Contract type:	Fixed term (parental leave cover)
Salary:	£36,000 pro rata, based on number of hours worked. Gross monthly salary £1,151 (based on 14 hours per week)

Purpose of the role

To enable and support rowing within the College Boat Club by providing high-quality coaching to the St Catharines College first boats and supporting the second boat coach – it is important the coaches work as a unit, not in isolation with their boats. The role holder with have the support of volunteers and Captains.

Primary Responsibilities

1. **Coaching**
    - Up to 14 hours/week during term time, all hours should be focused on water sessions.
    - Provide targeted coaching to college crews as required, focusing on technical development and safe rowing practices.
    - Support Captains in implementing training programmes (land and water-based work)
    - Accompany crews to races (all on Cam). Accompany crew to HoRR if they are confirmed to be going.
    - Out of term: run a pre-term training camp both for Lents and Mays, based in Cambridge and support any out of term rowing activities as time allows.

2. **Health and Safety**
    - Ensure compliance with British Rowing Water Safety Code and all relevant health and safety regulations.
    - Conduct and document risk assessments for rowing activities.
    - Make assessments of when it is / isn't safe for crews to be on the river, considering the flag system but overriding it where necessary for safety reasons.
    - Liaise with college if first aid supplies run low to get them restocked.
    - Report incidents and near misses and prepare safety reports as required.

3. **Training plans and leadership**
    - Deliver the water training plans provided, with modifications where necessary.
    - Foster a positive, inclusive and supportive environment within the rowing community.
    - Order consumables, replacement parts and equipment in accordance with agreed financial procedures and delegated authority, please speak with the boatman – they can place order for any repairs or maintenance.
    - Safeguarding - A commitment to safeguarding our students and staff and complying with the College's policies related to this.
    - Should there be any concerns regarding the students reach out to the College Welfare Officer.

      The above is not an exhaustive list and the post holder may be expected to undertake other related duties as required. The list of duties may be subject to revision at the end of the probationary period.

Person Specification

Qualifications

- Desirable to have a British Rowing Level 2 (or equivalent) coaching qualification
- Experienced in coaching men's and women's crews
- First Aid qualification or willingness to obtain on appointment
- Full UK driving licence
- Experience working in an education or club environment

Knowledge, skills and abilities

- Extensive knowledge of rowing, safe rowing techniques and associated training
- Proven coaching experience and ability to inspire rowers
- Strong communication and interpersonal skills
- Commitment to health and safety and best practice