INTO LONDON









Where ambition **becomes success**

International student guide



Wherever you **want to go,** we'll help you get there

Welcome to INTO London – your tailored route to over 100 universities across the UK.

As an INTO Choice centre, we give you the freedom to choose your university and degree once you've already arrived. Visit campuses, join open days and chat with students and academics to help you decide. With our expert guidance, you'll be ready to choose with total confidence.

We'll do everything we can to help you reach your full potential, providing expert support every step of the way.





First stop, London. **Next stop, success.**

Guarantee your place at a wide range of top universities across our network. You'll earn a recognised qualification, so the opportunities are endless.

Extensive university network

INTO London students have secured places at:

12 world top 100 universities[1].

20 out of **24 Russell Group** universities.

30+ universities in London.

Thousands of degree options

Popular subjects like business, engineering and computer science.

Competitive subjects like architecture, medicine and law.

Specialist subjects like marine biology, fashion design and artificial intelligence.

Expert placement support

Campus visits and university fairs.

1:1 guidance and tailored recommendations.

Personal statement and **interview workshops.**

Step-by-step **application support.**

1 QS World University Rankings 2026 2 QS Best Student Cities 2025





Central London location

Study in the heart of the **world's best student city[2].**





Inspiring **student success**

INTO London is just the beginning.

Our students have continued to top universities, exciting careers and impressive postgraduate study. Here's where they are now – and where you could be next.



The Systems Engineer

"I am so grateful for the guidance and motivation INTO London provided, inspiring me to achieve my goals. I studied what I loved and am now doing the job I hoped for."

Akshav, Mauritius

Solution Consultant (Systems Engineering) at NAU

- International Foundation
- BEng (Hons) Aerospace Engineering with Pilot Studies at University of the West of England

Since the centre opened in 2013, INTO London students have secured places at:

12 out of 17
UK universities in the world top 100

(QS World University Rankings 2026)

20 out of 24
Russell Group universities

30+
London universities



The Medical Student

"Before I arrived, I completed 2 months of online classes to prepare for the UCAT test. At the centre, I had one-to-one sessions with the University Progression and Careers Manager."

Nara, South Korea

- International Foundation
- MBBS Medicine at Queen Mary, University of London (Malta campus)

Hear Nara's story



The Chief Financial Officer

"I am deeply grateful to INTO London for providing me with an education that has been instrumental in shaping my career."

Zul, Malaysia

Chief Financial Officer at Lalia Capital

- International Foundation
- BSc (Hons) Politics and International Relations at Royal Holloway, University of London



The Product Designer

Caroline, Indonesia

- Completed **International Foundation at INTO London**
- Graduated with **BA (Hons) Graphic Design from Kingston University London**
- Secured a **graduate internship at Kingston University Careers and Employability Service**
- Currently works as a **Product Designer at WellX** in London



The Software Engineer

Tofah, South Africa

- Completed **International Foundation at INTO London**
- Graduated with **BSc (Hons) Computer Science with High-Performance Graphics and Games Engineering from University of Leeds**
- Continued to **MSc Data Science and Artificial Intelligence at University of Exeter**
- Currently works as a **Software Engineer at Couchbase** in the UK



The Learning Lead

Jane, Malaysia

- Completed **International Foundation at INTO London**
- Graduated with **BSc (Hons) Business Management from Queen Mary, University of London**
- Continued to **MA Economics and Strategy for Business at Imperial College London**
- Currently works as **Learning and Development Lead at RevisionDojo**

Check out more of our students' success stories

Discover London

Become part of something bigger in this 24-hour city. London attracts more international students than anywhere else in the UK – and it's easy to see why.

Not only will you find the hottest new music, world-famous landmarks and an incredible food scene – it's also the perfect base for exploring the country.

Why students love London

Top city for students

The world's best student city for six years running

(QS Best Student Cities 2019–2025)

World-class entertainment

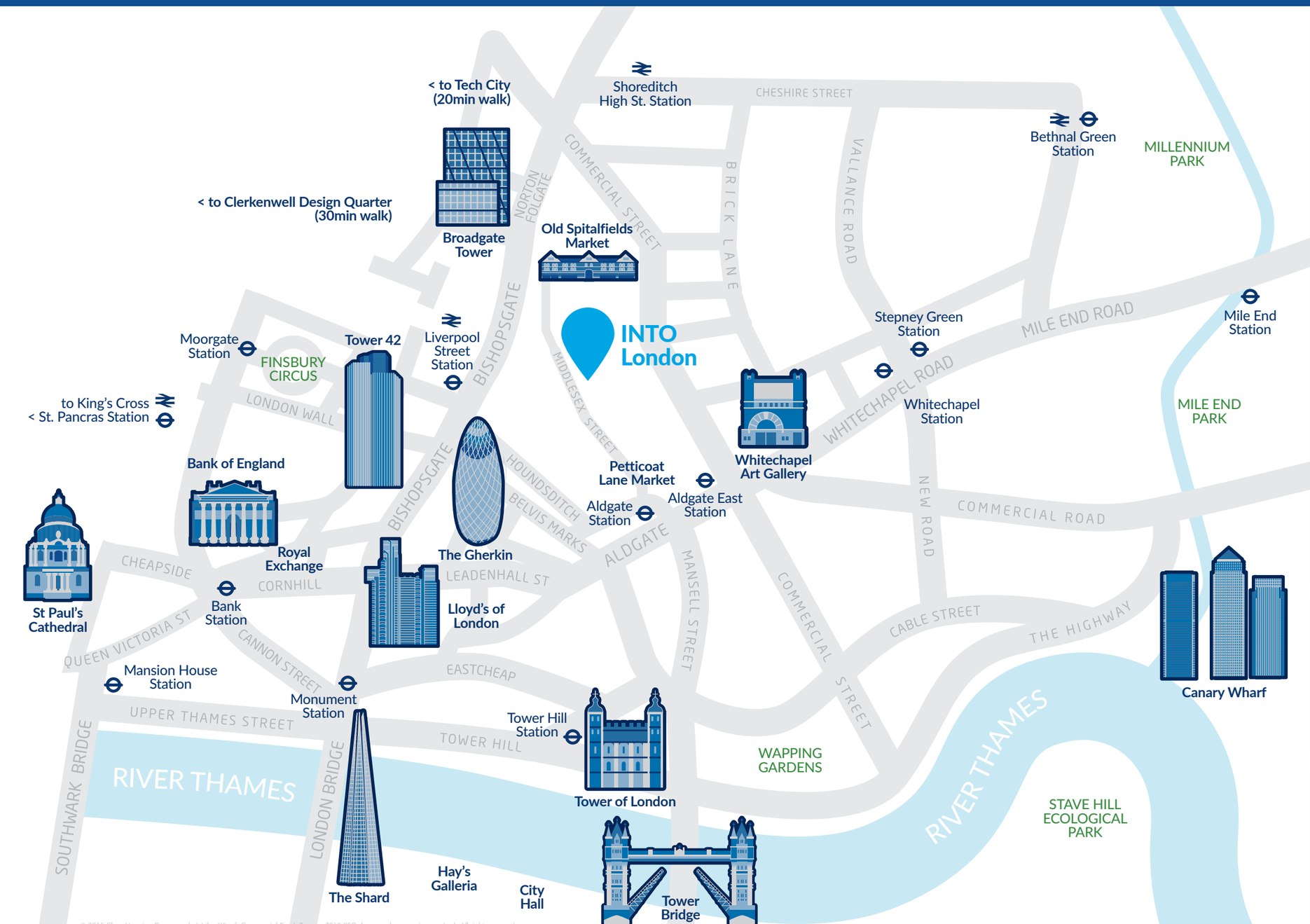
From famous museums and west end shows to sporting events, international food and shopping.

Global hub

A global hub for almost every industry, with endless opportunities.

Diverse community

One of the world's most multicultural cities, home to 300+ spoken languages.



Exploring university options

The city's excellent transport links make it easy to explore different universities before you choose. Visit 40+ campuses across London, or reach top student cities like Manchester, Leeds, Birmingham and Bristol in just 2 hours by train.

Exploring the city

Our central London location means you can hop on a tube, catch a bus or take a walk to discover everything the city has to offer. Check out Spitalfields Market, Brick Lane, Shoreditch, Buckingham Palace, the Tate Modern and so much more.

Our university network

Our extensive university network provides access to the UK's top study destinations. We'll help you explore them in detail once you've arrived in the UK.

Your options are tailored to your study route and pathway – and our University Guidance Team will make sure you find your perfect fit.

INTO London students have previously secured places at:



We're always updating our network.
Search the full list with our Degree Finder.

World top 100 universities[1]



University of Birmingham

76th in the world[1].

The UK university most targeted by top employers[2].

UK top 10 'most affordable' student city[3].



University of Leeds

86th in the world[1].

Top 5 UK university most targeted by top employers[2].

21 subjects in the UK top 10[4].



University of Nottingham

97th in the world[1].

1st in the UK for graduates entering highly-skilled jobs[5].

UK top 10 for research power[6].



University of Sheffield

92nd in the world[1].

UK University of the Year 2024[7].

Best UK university for student life[7].

1 QS World University Rankings 2026
2 The Graduate Market in 2024, High Fliers Research
3 NatWest Student Living Index 2023
4 QS World University Rankings by Subject 2025
5 HESA Graduate Outcomes 2025
6 Research Excellence Framework 2021
7 WhatUni Student Choice Awards 2024

London-based universities

Falling in love with London?

Continue your study plan at a top UK university, right here in the capital. From specialist institutions to world-ranked universities, you'll be surrounded by opportunity – with global employers on your doorstep.

BIMM BRITISH & IRISH MODERN MUSIC INSTITUTE
Brunel University of London
Coventry University London Campus
CITY ST GEORGE'S UNIVERSITY OF LONDON
ESCAPE STUDIOS
istitutomarangoni the school of fashion, art & design
Kingston University London
LONDON METROPOLITAN UNIVERSITY
LSBU London South Bank University
Queen Mary University of London
REGENT'S UNIVERSITY LONDON
ROYAL HOLLOWAY UNIVERSITY OF LONDON
SOAS University of London
University of East London
UNIVERSITY OF GREENWICH
The University of Law incorporating The College of Law
UNIVERSITY OF WEST LONDON The Career University
UNIVERSITY OF WESTMINSTER

Russell Group members

RUSSELL GROUP

Earn a degree from the Russell Group – the UK's top research-intensive universities. Located in top student cities across the UK, Russell Group universities open doors worldwide.

Research-led
Study a degree informed by world-leading research, taught by experts in your field.

Academic excellence
Benefit from outstanding facilities and the highest quality teaching.

Graduate success
Access exclusive opportunities, build your professional network and stand out to employers.

Global impact
Tackle significant global challenges through innovation and research.

Cardiff University
Newcastle University
Queen Mary University of London
Queen's University Belfast
University of Birmingham
University of Exeter
University of Leeds
University of Nottingham UK | CHINA | MALAYSIA
University of Sheffield

Subject specialists

Access leading universities with global reputations for art, business, medicine and more. Benefit from industry-informed teaching and specialist facilities as you become an expert in your field.

World top 100 art schools[1]

University of the Arts London
The Glasgow School of Art
Goldsmiths University of London
Loughborough University
Manchester Metropolitan University
Nottingham Trent University

Download our Art and Design guide

1 QS World University Rankings by Subject 2025

Triple-accredited business schools

Aston University Birmingham UK
Lancaster University
Newcastle University
Nottingham Trent University
University of Birmingham
University of Bradford
University of Exeter
University of Kent
University of Nottingham UK | CHINA | MALAYSIA
University of Reading
University of Sheffield
University of Strathclyde Glasgow

Global medical schools

University of Bristol
University of Central Lancashire UCLan
University of Leicester
Queen Mary University of London
St. George's University School of Medicine Grenada, West Indies
The University of Western Australia
The University of Auckland New Zealand
University of Otago Te Whare Wānanga o Otāgo New Zealand

Download our Medicine and Health guides

Discover everything you need to know about studying Medicine and Health Professions. Our useful guides include essential information about work experience, test preparation, interviews and how we'll support you.

Medicine guide

Health professions guide



Life at the centre

Welcome to the INTO Centre, where you'll complete your academic pathway or English language programme.

Find our welcoming community in Spitalfields – a creative area of London's business district. Here, you'll build your knowledge, skills and confidence for degree success.

Your space to learn

- Modern, interactive classrooms.
- Specialist art and design studio.
- Silent study and social areas.
- The INTO café, serving tasty snacks and drinks.
- Access to physical and digital learning resources.

Your wellbeing matters

Read the policies we have in place to keep you safe and supported.



"I 100% recommend INTO London. The best part was the care and personal attention I received during my studies."

Yunasia, Bangladesh

Lead UK Student Recruitment Officer at University of East London

- International Foundation
- BA (Hons) Marketing at the University of Leicester

Accommodation

Choose from a variety of living options within easy reach of the centre, with dedicated residences for students under 18.



Support every step of the way

Your success is our priority, so we offer expert support from the moment you arrive. Need academic advice, personal guidance or just someone to talk to? Our dedicated staff are always here to help you.

Support Services Team

- Guidance as you navigate UK student life.
- Help with essential tasks, such as opening a bank account or registering with a doctor.
- Visa and immigration support.
- Extra support for students under 18.

Tailored programmes

Because every student is different.

- Additional support for students who need it.
- Specialist skill development included in core modules.
- Support from your own Personal Tutor.

University placement support

Research

- University fairs.
- Campus visits.
- Our Degree Finder tool, allowing you to search and compare hundreds of degrees.

Advice

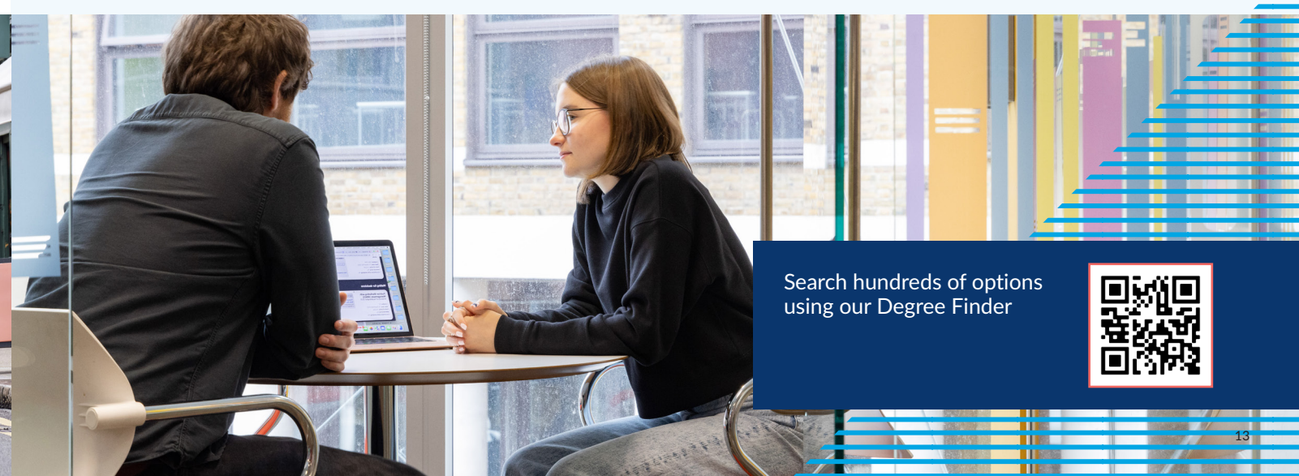
- 1:1 sessions with our University Guidance Team.
- Recommendations based on your strengths, ambitions, subject and lifestyle.

Connection

- Direct links with universities across our network.
- Regular opportunities to meet university staff and representatives in person.

Application

- Step-by-step guidance throughout the application process.
- Masterclasses in interview skills and writing a stand-out personal statement.

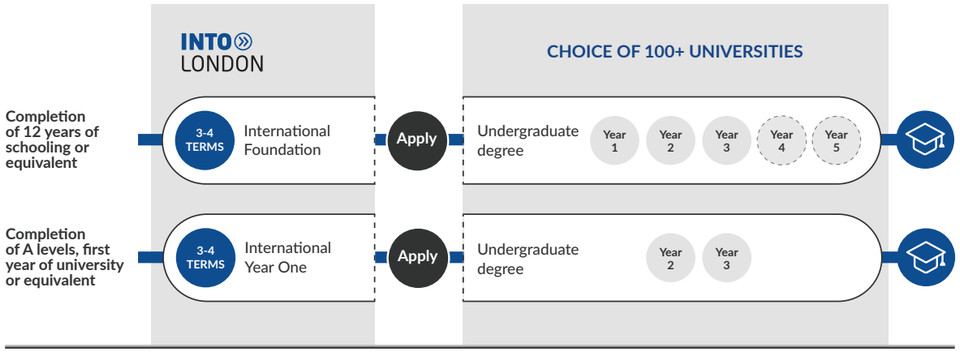


Search hundreds of options using our Degree Finder

Our programmes

Prepare for your degree with our tailored academic pathway and English language programmes. Explore your options to see what your study journey could look like.

Pathway programmes



* Medicine degrees only.

English language courses

Academic English with IELTS Preparation

- Develop your English language and academic skills for university study.
- Increase your IELTS score by up to 0.5 points in 6 weeks.
- Receive expert support, including preparing for and booking your test (if needed).
- Create a personalised study plan with the help of your Personal Tutor.
- Choose from a range of course lengths to suit you.

Find out more:

International Foundation

Leads to Year 1 of an undergraduate degree at a choice of UK universities.

- Bridges the gap between high school and university study.
- Modules tailored to build the academic knowledge you need for your chosen degree.
- English language classes help develop your skills to meet the university's requirements.
- Regular start dates and flexible study lengths to suit different English language levels.

Which degrees can I study?

Prepare for a range of subject areas, including:

- Accounting and finance
- Architecture and interiors
- Business and management
- Computer science
- Design
- Engineering
- Fashion
- Film and media
- Law
- Marketing
- Medicine
- Nutrition
- Pharmacy
- Physiotherapy
- Politics and international relations
- Psychology
- Sciences
- Sport science

International Year One

Leads to Year 2 of an undergraduate degree at a choice of UK universities.

- Complete your degree in the same amount of time as domestic students, saving you time and money.
- Study modules equivalent to the first year of a university degree.
- Prepare for university study with additional English language and academic support.
- Regular start dates and flexible course lengths to suit different English language levels.

Which degrees can I study?

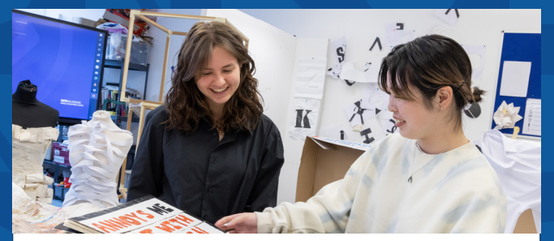
Prepare for a range of subject areas, including:

- Accounting and finance
- Banking
- Business and management
- Business with:
  - Global sports management
  - Luxury brand management
  - Psychology
- Marketing

For more information about our programmes, visit:

intostudy.com/into-london/courses

Specialist facilities



Art and design studio

Art and Design students have access to our on-site studio, equipped for a wide variety of subjects including:

- architecture
- fashion design
- film making
- interior design.

Download our Art and Design guide



Science labs

Science, engineering, medicine and health students will gain exclusive access to laboratory facilities at a nearby university, providing essential practical experience. This access is subject to an annual renewal.

Stand out from the crowd

92%

of students felt more prepared for their studies

After completing Get Ready to Study (UK Arrival Survey 2024)

Before you arrive

Get Ready to Study

Start your journey with confidence.
This online programme covers UK life, study skills and career support – all at your own pace.

Find out more:
intostudy.com/get-ready-to-study

While you study

Get Work Ready

Prepare for career success.
Set goals, build your CV and develop workplace skills while you study your pathway.

Find out more:
intostudy.com/get-work-ready



Apply online:
apply.intostudy.com

Apply via your local INTO education counsellor.
If you would like us to put you in contact with one of our counsellors please contact us.

Check to see if you're eligible for a scholarship:
intostudy.com/into-london/scholarships

Sign up to our newsletter

Contact us

INTO London
102 Middlesex Street
London
E1 7EZ
United Kingdom

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INTO

Through innovative partnerships with leading universities, we expand opportunities for higher education, ensuring success and transforming the lives of our students and staff.

FSC www.fsc.org

MIX
Paper from responsible sources
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Education counsellor's stamp

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